

ACCHS COURSE OF OUTLINE/SYLLABUS

COURSE TITLE: Acu Points I

COURSE NUMBER: AT 172

UNITS / HOURS: 3/45

INSTRUCTOR: Jackie Shek

TERM OFFERED: II

COURSE OBJECTIVES:

Acupuncture I gives the introduction and foundation of channel theory and point location. Upon completion of the course, students will have an in depth basic knowledge of acupuncture. It covers the following: meridians theory, acupuncture points, meridians methods of locating acupoints and the points theory – Du meridian, Ren merieian, Lung meridian, Large Intestine meridian, Stomach meridian, Spleen meridian, and the pathways, symptoms, points, connecting points, indications and needling techniques along with precaution.

TEACHING METHODS:

Teaching methods include lectures, discussion, supervised hands-on point location, charts, overhead projector, models, handouts, slides, quizzes, midterm and final.

GRADING POLICY:

40% midterm, 45% final, 15% attendance and classroom participation.

PRE-REQUISITE(S):

Human Anatomy (BS 114)

TEXTBOOK(S):

Chinese Acupuncture and Moxibution, Beijing College of TCM
Acupuncture: A Comprehensive Text, Bensky

REFERENCES:

Fundamentals of Acupuncture, Ellis, Wiseman
Grasping the Wind, Ellis, Wiseman
Acupuncture points, images, Functions, Lade
Acupuncture for the Practitioner, Deschepper
Acupuncture Case Histories (From China), Rui

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DESCRIPTION OF CONTENT ON A WEEKLY BASIS:

- WEEK 1 Explain the syllabus, introduce the study tools and precaution about this course, review the meridian theory. (P.53-107)
- WEEK 2 Points panorama and methods of locating acupoints (Cun measurements). (P. 108-114)
- WEEK 3 Specific Points (P.115-120)
- WEEK 4 Du meridian. Pathway, practicing on locating Du points. Traditional functions of Du points and precaution. (P.217-225)
- WEEK 5 Ren meridian. Pathway, practicing on locating Ren points. Traditional functions of Ren points and precaution. (P.225-231)
- WEEK 6 Modern researches about meridians and points. (Shanghai Textbook)
- WEEK 7 Midterm Exam.
- WEEK 8 Lung meridian. Pathway, practicing on locating Lung points. Traditional functions of Lung points and precaution. (P.127-131)
- WEEK 9 Large Intestine meridian. Pathway, practicing on locating Large intestine points. Traditional functions of Large Intestine points and precaution. (P.131-136)
- WEEK 10 Stomach meridian. Pathway, practicing on locating Stomach points. Traditional functions of Stomach points and precaution. (P.136-142)
- WEEK 11 Stomach meridian. Pathway, practicing on locating Stomach points. Traditional functions of Stomach points and precaution. (P.143-148)
- WEEK 12 Spleen meridian. Pathway, practicing on locating Spleen points. Traditional functions of Spleen points and precaution. (P.148-154)
- WEEK 13 Review and practice on locating all of Du, Ren, Lung, Large Intestine, Stomach and Spleen points.
- WEEK 14 Points location exam.
- WEEK 15 Final exam.