

## ACCHS COURSE OF OUTLINE/SYLLABUS

**COURSE TITLE:** Acu Points II

**COURSE NUMBER:** AT 173

**UNITS / HOURS:** 3/45

**INSTRUCTOR:** John Kokko

**TERM OFFERED:** III

### **COURSE OBJECTIVES:**

Acupuncture II gives the introduction and foundation of channel theory and point location. Upon completion of the course, students will have an in depth basic knowledge of acupuncture. It covers the following: meridians theory, acupuncture points, meridians methods of locating acupoints and the points theory – Heart meridian, Small Intestine meridian, Urinary Bladder meridian, Kidney meridian, Pericardium meridian, Sanjiao meridian, Gallbladder meridian, Liver meridian, and the pathways, symptoms, points, connecting points, indications and needling techniques along with precaution.

### **TEACHING METHODS:**

Teaching methods include lectures, discussion, supervised hands-on point location, charts, overhead projector, models, handouts, slides, quizzes, midterm and final.

### **GRADING POLICY:**

40% midterm, 45% final, 15% attendance and classroom participation.

### **PRE-REQUISITE(S):**

AcuPoint I (AT172)

### **TEXTBOOK(S):**

*Chinese Acupuncture and Moxibution*, Beijing College of TCM  
*Acupuncture: A Comprehensive Text*, Bensky

### **REFERENCES:**

*Fundamentals of Acupuncture*, Ellis, Wiseman  
*Grasping the Wind*, Ellis, Wiseman  
*Acupuncture points, images, Functions*, Lade  
*Acupuncture for the Practitioner*, Deschepper  
*Acupuncture Case Histories* (From China), Rui

## **DESCRIPTION OF CONTENT ON A WEEKLY BASIS:**

- WEEK 1 Heart meridian. Pathway, practicing on locating H points. Traditional functions of H points and precaution. (P.155-157 )
- WEEK 2 Small Intestine meridian. Pathway, practicing on locating SI points. Traditional functions of SI points and precaution. (P.157-164 )
- WEEK 3 Urinary Bladder meridian. Pathway, practicing on locating UB points. Traditional functions of UB points and precaution. (P.164-170 )
- WEEK 4 Urinary Bladder meridian. Pathway, practicing on locating UB points. Traditional functions of UB points and precaution. (P.170-177 )
- WEEK 5 Urinary Bladder meridian. Pathway, practicing on locating UB points. Traditional functions of UB points and precaution. (P.177-181 )
- WEEK 6 Kidney meridian. Pathway, practicing on locating K points. Traditional functions of K points and precaution. (P.181-188 )
- WEEK 7 Pericardium meridian and Sanjiao. Pathway, practicing on locating P and SJ points. Traditional functions of P and SJ points and precaution. (P.189-195 )
- WEEK 8 Midterm Exam.
- WEEK 9 Sanjiao and Gallbladder meridian. Pathway, practicing on locating SJ and GB points. Traditional functions of SJ and GB points and precaution. (P.195-201 )
- WEEK 10 Gallbladder meridian. Pathway, practicing on locating GB points. Traditional functions of GB points and precaution. (P.201-206 )
- WEEK 11 Gallbladder meridian. Pathway, practicing on locating GB points. Traditional functions of GB points and precaution. (P.206-211 )
- WEEK 12 Liver meridian. Pathway, practicing on locating Liv points. Traditional functions of Liv points and precaution. (P.211-216)
- WEEK 13 Review and practice on locating all of Heart, Small Intestine, Urinary Bladder, Kidney, Pericardium, Sanjiao, Gallbladder and Liver points.
- WEEK 14 Points location exam.
- WEEK 15 Final exam.