

ACCHS COURSE OUTLINE/SYLLABUS

COURSE TITLE: TCM Internal Medicine I

COURSE NUMBER: HM 360

UNITS / HOURS: 3/45

INSTRUCTOR: Dave Liu

TERM OFFERED: VII

COURSE OBJECTIVES:

Traditional Chinese Internal Medicine I and II are scientific courses that cover the TCM view of the pathology, pathogenesis, and the laws of treatment of internal diseases. It is the foundation of scientific knowledge required for advanced study and research.

Through studying these courses, students will systematically understand the TCM disease mechanisms of common diseases of Internal Medicine. Students will be able to determine treatment based on pattern discrimination, and principles of TCM. Students will be able to independently treat acute and complicated diseases by applying the basic theories, knowledge and skills of these courses.

Students will use these classes as stepping-stones from the basic TCM courses (The diagnosis, Acupuncture, and Herbal series), to the clinical courses such as OB/GY, External TCM, etc. They will bring together the scientific knowledge from the basic courses and begin to synthesize it for general clinical use.

TEACHING METHODS:

Teaching methods include lectures, discussion, charts, handouts, slides, quizzes term paper, midterm, and final.

GRADING POLICY:

15% attendance and classroom participation, 40% midterm, 45% final.

PRE-REQUISITES:

Diagnosis II (OM245), Formulas I (HM252) & II (HM253)

TEXTBOOK:

Internal Medicine of TCM, edited & written by Prof. Dave Liu 1992

REFERENCES:

Chinese Herbal Medicine: Formulas & Strategies. Bensky,D.& Barolet,R.
 Eastland Press, Seattle, Washington: 1990 _
Foundations of Chinese Medicine. Maciocia, G. Churchill Livingston, New
 York:1989
Acupuncture: A comprehensive text Shanghai College of TCM Eastland Press,
 Seattle, Washington: 1981
Chinese Acupuncture and Moxibustion Xinnong, C. Foreign Languages Press,
 Beijing, China: 1990
Acupuncture Case Histories from China. Eastland Press, Seattle, Washington:
 1988
The Practice of Chinese Medicine, Churchill Livingston, New York: 1994

DESCRIPTION OF CONTENT ON A WEEKLY BASIS:

- WEEK 1 Review for foundations, diagnoses, and treatment principles of TCM. (P1)
- WEEK 2 Flu. Catch cold. (P2-6)
- WEEK 3 Fever caused by Internal Injury. (P7-9)
- WEEK 4 Cough, Abscess (P10-14)
- WEEK 5 Asthma (P15-18)
- WEEK 6 Fluid Retention Syndrome (P27)
- WEEK 7 Spontaneous, Night sweat (P-)
- WEEK 8 Midterm Exam and Review
- WEEK 9 Stomach Ache (P19-23)
- WEEK 10 Vomiting, Hiccup. (P24-27)
- WEEK 11 Bleeding diseases (P-)
- WEEK 12 Edema (P33-38)
- WEEK 13 Juandice (P-)
- WEEK 14 Diarrhea, Dysentery, Cholera (P39-47)
- WEEK 15 Final Exam