

ACCHS COURSE OUTLINE/SYLLABUS

COURSE TITLE: Foundations of TCM II

COURSE NUMBER: OM143

UNITS / HOURS: 3/45

INSTRUCTOR: Steve Woodley

TERM OFFERED: II

COURSE OBJECTIVES:

1. The foundation of TCM is a primary course of the essential theory of Chinese medicine.
2. Students study the mechanisms behind the patterns of disharmony that are the foundation of the TCM system. A comprehensive understanding of pathogenic factors and pathogenesis of disease, treatment principles and the prevention of illness, etc. in accordance with basic T.C.M theory will be attained by each student.

TEACHING METHODS:

Teaching methods include lectures, discussion, charts, overhead projector, models, handouts, slides, quizzes, midterm and final

GRADING POLICY:

40% midterm, 45% final, 15% attendance and classroom participation.

PRE-REQUISITES:

Foundation of TCM I (OM142)

TEXTBOOK:

The Foundation of the Chinese medicine A Comprehensive Text for Acupuncturists and Herbalists 2nd Edition by Giovanni Maciocia and forwarded by Dr. Su Xin Ming

REFERENCES:

Foundation of the Chinese medicine by the east Asian Medical Studies Society
Basic Theory of Traditional Chinese Medicine by Publishing House of Shanghai
College of Traditional Chinese Medicine

DESCRIPTION OF CONTENT ON A WEEKLY BASIS:

- WEEK 1 Course intro, TCM Methodology, review causes of disease (Pg 237-284)
- WEEK 2 Patterns of disharmony of the Heart (Pg 457-486)
- WEEK 3 Patterns of disharmony of the Heart & SI (Pg 457-486 & 637-646)
- WEEK 4 Patterns of disharmony of the Spleen (Pg 567-587)
- WEEK 5 Patterns of disharmony of the Stomach (Pg 615-637)
- WEEK 6 Midterm
- WEEK 7 Patterns of disharmony of the Lungs (Pg 543-567)
- WEEK 8 Patterns of disharmony of the LI & Kidney (Pg 647-660,587-615)
- WEEK 9 Patterns of disharmony of the Kidney & UB (Pg 587-615, 671-678)
- WEEK 10 Patterns of disharmony of the Liver (Pg 501-542)
- WEEK 11 Patterns of disharmony of the Liver & GB (Pg 501-542, 661-667)
- WEEK 12 Patterns of disharmony according to Qi-Blood-Jinye (Pg 445- 457)
- WEEK 13 Patterns of disharmony according to Pathogenic factors (Pg 681-708)
- WEEK 14 Patterns of disharmony according to 6 Stages and 4 Levels (Pg 709-742)
- WEEK 15 Final exam