

Room 104/ 103

**Academy of Chinese Culture and Health Sciences
Tui Na Massage Therapy Certificate Program (250 Hours)**

Last revised 12/8/2011

	Monday	Wednesday	Sunday
WEEK 1	2/20 5:30-7:30 Anatomy & Physiology 2 7:30-9:30 Taiji &Qigong 2	2/22 5:30-9:30 Essential Techniques 4	2/26 9:00-1:00 Anatomy & Physiology 4 1:30-5:30 Meridian & Acupoints 4
WEEK 2	2/27 5:30-7:30 Anatomy & Physiology2 7:30-9:30 Taiji &Qigong 2	2/29 5:30-9:30 Essential Techniques 4	3/4 9:00-1:00 Anatomy & Physiology 4 1:30-5:30 Meridian & Acupoints 4
WEEK 3	3/5 5:30-7:30 Anatomy & Physiology 2 7:30-9:30 Taiji &Qigong 2	3/7 5:30-9:30 Essential Techniques 4	3/11 9:00-1:00 Anatomy & Physiology 4 1:30-5:30 Meridian & Acupoints 4
WEEK 4	3/12 5:30-7:30 Anatomy & Physiology 2 7:30-9:30 Taiji &Qigong 2	3/14 5:30-9:30 Essential Techniques 4	3/18 9:00-1:00 Anatomy & Physiology 4 1:30-5:30 Meridian & Acupoints 4
WEEK 5	3/19 5:30-7:30 Anatomy & Physiology 2 7:30-9:30 Taiji &Qigong 2	3/21 5:30-9:30 Essential Techniques 4	3/25 9:00-1:00 Anatomy & Physiology 4 1:30-5:30 Meridian & Acupoints 4
WEEK 6	3/26 5:30-7:30 Anatomy & Physiology 2 7:30-9:30 Taiji &Qigong 2	3/28 5:30-9:30 Essential Techniques 4	4/1 9:00-1:00 Anatomy & Physiology 4 1:30-5:30 Meridian & Acupoints 4
WEEK 7	4/2 5:30-7:30 Anatomy & Physiology 2 7:30-9:30 Taiji &Qigong 2	4/4 5:30-9:30 Essential Techniques 4	4/8 9:00-1:00 Anatomy & Physiology 4 1:30-5:30 Anatomy & Physiology 4

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	Monday	Wednesday	Sunday
WEEK 8	4/9 5:30-7:30 Anatomy & Physiology2 7:30-9:30 Taiji &Qigong 2	4/11 5:30-9:30 Essential Techniques 4	4/15 9:00-1:00 Anatomy & Physiology 4 1:30-5:30 Massage Contraindications 4
WEEK 9	4/16 5:30-7:30 Anatomy & Physiology2 7:30-9:30 Taiji &Qigong 2	4/18 5:30-9:30 Essential Techniques 4	4/22 9:00-1:00 Massage Contraindications 4 1:30-5:30 Massage Contraindications 4
WEEK10	4/23 5:30-7:30 Anatomy & Physiology2 7:30-9:30 Taiji &Qigong 2	4/25 5:30-9:30 Essential Techniques 4	4/29 9:00-1:00 Essential Techniques 4 /Foot 1:30-5:30 Essential Techniques 4 /Foot
WEEK 11	4/30 5:30-9:30 Common Ailments 4	5/2 5:30-9:30 TCM Theory & Diag.4	5/6 9:00-1:00 Essential Techniques 4 / Foot 1:30-5:30 Essential Techniques 4 /Oil
WEEK 12	5/7 5:30-9:30 Common Ailments4	5/9 5:30-9:30 TCM Theory & Diag.4	5/13 9:00-1:00 Essential Techniques 4 /Oil 1:30-5:30 Essential Techniques 4 /Oil
WEEK 13	5/14 5:30-9:30 Common Ailments4	5/16 5:30-9:30 TCM Theory & Diag.4	5/20 9:00-1:00 Ethics & Management 4 1:30-5:30 Ethics & Management 4
WEEK 14	5/21 5:30-9:30 Common Ailments4	5/23 5:30-9:30 TCM Theory & Diag.4	5/27 9:00-1:00 Common Ailments 4 1:30-5:30 Common Ailments 4
WEEK 15	5/28 (MEMORIAL DAY)	5/30 5:30-8:30 Common Ailments3	6/3 9:00-1:00 Ethics & Management 4 1:30-5:30 Ethics & Management 4
WEEK 16	6/4 5:30-9:30 Health and Hygiene 4	6/6 5:30-8:30 Common Ailments3	6/10 9:00-1:00 Health and Hygiene 4 1:30-5:30 Health and Hygiene 4
			(COMPLETION)